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General Physical Health of PLWHA

- **General Physical Health of PLWHA: According to Loune Viaud** - Director of Strategic Planning and Operations, Partners in Health, Haiti:

Many PLWHA are malnourished, usually to the point of emaciation. Those co-infected with TB cough a lot. Coughing is the primary way to diagnose the disease. Access to a proper nutrition and medication is therefore essential. Individual health obviously varies from person to person. Those who undergo regular treatment are very healthy and are able to work, walk, and live as other Haitians do, but care must be taken that they each live in a safe environment where they do not suddenly find themselves additionally crippled by inadequate housing if they suffer severe episodes, consequences or deterioration of their illnesses.



- **General Physical Health of PLWHA: According to FEBS:**
According to FEBS consultation doctor, Dr. Charles Patrick Almazor, PIH:
There is not an expected life span for PLWHA because with current medicine people are able to live long and normal lives.
- **According to Dr. Charles Patrick Almazor, PIH:**
PLWHA get sick about two times a year. General ailments include pain in muscles, kidney complications/failure, and opportunistic infections such as: TB, diarrhea, cancer (cervical), Sarcoma, Meningitis, Pneumonia, etc. About 50% of PLWHA develop comorbidity with TB.
- **Wheelchair Accessibility: According to FEBS:**
Wheelchair accessibility is not a priority in the design of these housing units, it depends on the individual and their health but most PLWHA are able to lead completely normal lives. This includes the ability to walk. However, the units should be a maximum of 2 stories high to avoid over-exertion. Also, it would be preferable to include a bathtub in the bathroom. Design should maximize overall comfort, especially temperature-wise as PLWHA are very sensitive to this.
- **According to Loune Viaud, PIH:**
There is no need for wheelchair accessibility in the homes. However, space is needed for ts fax count machines to measure CD4 levels.